



# GRACIE BARRA IRVINE

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## ANNOUNCEMENTS

Our **new** schedule starts July 1! Look on [gbirvine.com](http://gbirvine.com)

E.L.I.T.E Training: M/W/F  
7 or 8 am! See Coach Ray for more details

## JUNE BELT PROMOTIONS

### **GRAY & WHITE:**

Nathan Flynn  
Aiden Hoffman  
Anthony Sandoval

### **GRAY:**

Rex Kent  
Jacob Lee  
Justus Lee  
Luc Nguyen  
Nikko Reynoso

### **ORANGE & WHITE:**

Colin McGough

### **BROWN:**

Pshemek Drabclynski  
Al McGough  
Tom Meregillano  
Ray Morrow  
Frank Nava  
Tien Shiah  
Drake Williams

### **BLACK:**

Ivan Lumba  
Jake McKee  
Jerry Partin  
Chris Pizzo

Join us for a run, or walk, on the Thousand Steps and a hangout on the beach after!

Don't forget your swim suit, towel, a dish to share, and your friends and family!

**WHEN:** Sunday, July 21

**TIME:** 2 pm (Thousand Steps) - whenever!

**WHERE:** Thousand Steps, Laguna Beach, CA

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**“Forget about past mistakes and focus your energy on the victories of tomorrow.” - Grandmaster Carlos Gracie**

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